

WHAT YOU GET

Coach Training HRS

- 60 Coach Training Hours (Synchronous & Asynchronous hrs).
- 12 online sessions

10 Mentoring HRS

- 7 online group mentoring hrs. and 3 one on one mentoring sessions with an ACC mentor

Oral Exam

- Oral exam with LCE that is a prerequisite to get your credentials with the ICF and is inclusive in the program price

LCE Community

- Direct inclusion in LCE coaching community of over 300 coaches that also gives you discount on all our programs



LEADERSHIP
COACHING
EXCELLENCE

ABOUT WI SCP

The only Sports Coaching Program in Egypt certifying sports coaches to push athletes to their full potential and enhance their performance far beyond their own expectations.

WI SCP is the only program in Egypt that enables sports coaches, through various coaching competencies, tools and techniques, to support athletes in developing the proper mindset, motivation, commitment, confidence, focus, and composure required for superior performance in diverse situations.



WI SPORTS COACHING PROGRAM

WI SCP BROCHURE

LCE THE COACHING COMPANY

ICF Credentialing Path



PROGRAM ROLL OUT

Sessions 1-4

- Present the basics of sports coaching. It highlights the difference between sports coaching and other development disciplines. They showcase coaching competencies that sports coaches should consider in their coaching dynamics, their relationships with athletes and in the structure of the coaching session. They also introduces the basic concept of mental toughness as well as the main scope of sports coaching.

Sessions 4-8

- Focus on understating factors affecting performance in sports – they highlight the impact of having values, goals and unique personalities on performance & progress in sports coaching, These sessions also present the key concepts of “deliberate practice” and the “optimal performance zone” as main pillars of stand-out performance. Finally, this module also highlights the dynamics of sports teams, and a few of ICF’s own coaching competencies.

PROGRAM ROADMAP

12 ONLINE Sessions twice a week

Dates to be determined

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Sessions 9-12

- These sessions reveal the required mindset and emotions of peak performance that sports coaches should consider in the coaching dynamics and relationship with athletes. They introduce the key mindset of winning & competing, positive self-encouragement & affirmation, self-confidence, attentional focus, commitment & motivation in sports, and a few of ICFs coaching competencies

