

DESIGN YOUR

LIFE

DESIGN THINKING

YOU WILL LEARN Use design thinking to plan for your next move in life, in your career or in your relationships.

- How to evaluate where you are right now in your life
- What your core values are
- What a purposeful path looks like for you
- How to build a compass to your life that gives you a sense of direction.
- What's so special about design thinking.
- The mindset of design thinkers.
- How to look into your life mindfully.
- Basics of emotional intelligence.
- Ideation and wild ideas.
- Getting out of your comfort zone.
- Mind mapping
- What mindset shift you need to work on your life's new version.
- How to be immune to failure.