

### RETREAT **OBJECTIVES**

- Gain clarity of what you might not be aware of.
- Understand the nature of your fears if any.
- Understand the nature of decisions you need to make.
- Have a clear idea of what you need and how to get there.

## **RETREAT DESIGN &** CONTENT

- Arnold Mindell Systems Group Work(TM)
- Barry Johnson Ph.D. Polarity management.
- David Richo Ph.D., NFT writer, teacher and psychotherapist.
- Carl Jong Psychanalysis & philosopher and philosopher and anthropologist.

# WHAT'S NEXT AHMED EL AAWAR

#### What to Expect:

- Group system work on specific individual case studies could be yours if you wish, using constellation and system intelligence theories and practice.
- Witnessing full one on one coaching for individual and group learning.
- Storytelling and deep connections beyond the day-to-day material fast pace life.
- Individual quality time to reflect on what is next for you, time slots that we never seem to be able to have in our daily lives as Neichze called "sacred space"
- One on one peer coaching with individuals that are matched to exchange mutual value and can relate to each other.

### This retreat is for all those who are:

- in a sincere quest of what is next for them.
- seeking clarity and validation for the best course of action for their next big step.
- in a mind space of stagnation and freeze mode.
- bored of their lives seeking the next new thing.
- seeking growth and evolution.

Upon initial registration, you will receive a short call from Ahmed El Aawar to assure that your investment will bring you the highest